

Goodwill Harmony Session: One Earth

Social Narrative (for attendees)

I am going to the **Goodwill Harmony Session: One Earth**. This is a judgement-free performance where people celebrate Earth Day everyday with music, movement, and messages about caring for our planet.

When I arrive, I can take my time getting settled. There will be places to sit in the chair or park my wheelchair. The sign language interpreter will be on the left side of the stage. I may see Earth-themed decorations, a stage backdrop, and performers in costumes (like animals). Some performers may be wearing bright clothing. There will be some tactile boards that represents songs in the show on display, if I want to see how those songs feel to others.

If I need support, it is okay to ask a staff member for help. There will be a sign language interpreter. There is also a quiet area available if I need a break.

During the show, the lights will go down and come back up, and the curtain will open and close. There will be **no complete blackouts** and **no strobe lights**. If sound feels too loud, I can use sensory items like headphones or a stress ball, that will be provided and in the back of the theatre at a table, but it would be good to bring my own.

What will happen during the performance:

1. Pre-show music will play while I find my seat.
2. The lights will go down to help the show begin.
3. There will be instruments, singing and music (like choir songs and solos).
4. There will be songs where people will clap, I can join in, in I want to.
5. Hosts will welcome the audience.
6. Dancers will be dancing around globe, and there will be poems or short plays.
7. Some songs focus on Earth Day themes like **Beauty, Not Trash** and **Reduce, Reuse, Recycle**.
8. Performers in animal costumes will come on stage.
9. There will be models walking through the theatre with outfits on that might be out of strange things.
10. There will be people singing songs who are seated in the audience and on stage.
11. There will be beach balls that look like earth being bounced around the audience.
12. The show will end, then the lights will come back up.

I can enjoy the performance in my own way. I can watch quietly, or I can move gently or clap when it feels right. If I need to step out, I can do that and return when I am ready.

If I want to follow along, there will be an online program with a QR code. When the show is over, I can take a deep breath, stand up when there is space, and exit with the group or wait until it is quieter. I can also choose to go to the lobby and see art that is on the walls, by Goodwill Artists.