

Your monthly dose of Sidecar Health updates

Health plan pulse

APRIL 2025 EDITION

👎 New feature Care quality score

We're making it easier to find high-quality, affordable care. Next time you search for a provider, be sure to check out their care quality score to find the best option for you.

\checkmark New ways to save on care

More pre-checked urgent care centers

If you live in OH, GA, or FL, you now have pre-checked urgent care centers available in your Care Search tool. These centers offer same-day care that's under your Benefit Amount.

Finding a pre-checked urgent care center is easy:

- 1. Sign in to your member portal and go to Care Search
- 2. Search for "urgent care" to see options near you

More ways to save on care:

- ✓ Urgent care is usually faster and cheaper than the ER
- ✓ Primary care doctors are great for non-urgent needs and tend to cost less than urgent care
- ✓ Need a prescription? A quick telehealth visit might be your most affordable (and fastest) option

Money-saving tip of the month Get your labs through Quest Diagnostics

Ask your doctor to send your lab orders to Quest Diagnostics. Quest bills us directly, and you'll earn money back every time. If you don't have a Quest near you, LabCorp is another great option — they offer competitive prices that are always under your Benefit Amount.

Money back refers to members' Earned Benefit. See Certificate of Coverage for terms.

Any questions? Your dedicated Member Care team is here to help

Chat with a real human 7 days a week on our website or at (855) 282-0822

Mon-Fri: 8am-8pm ET, Sat-Sun: 9am-5pm ET